



A MESSAGE FROM ATHLETIC DIRECTOR CHRIS LANDRY

Welcome to Clark Lane Middle School Athletics!

It's hard to believe that the school year is half over and that we are already preparing for the upcoming spring season!

Please take a moment to read our newsletter which contains information about CLMS spring sports, how to register students for sports, how to make changes to your existing registration in ArbiterSports (formerly FamilyID), coaches names and contact information, handy links for game schedules, as well as other helpful information.

Registration for track opens 3/15 at 6pm. First practice will be on April 15th.

Thank you again, for your continued support of the Waterford athletics program and our student-athletes. Creating a positive environment for all student-athletes is an important goal that we can accomplish together.

Sincerely,

Chris Landry, Director of Athletics and Student Activities

TRACK REGISTRATION OPENS ON FRIDAY, MARCH 15TH!

Please remember that all students must have proof of a current physical (dated within 13 months) on file in the nurse's office and must register using our online registration program ArbiterSports. Registration for spring sports needs to be completed and approved by the school nurse before practice begins on 4/15.

Please note that there may be a cap placed on the total number of students allowed to participate in track depending on registration numbers. Priority will be given to 8th graders.

Registration can be completed by clicking this link: [ArbiterSports Registration Link](#)

SPORTS PHYSICALS ARE VALID FOR 13 MONTHS

Physicals are valid for 13 months. If the student's physical expires during the season, he/she will not be allowed to practice or play until an updated physical exam form is submitted to the nurse's office. Be sure to check your child's physical date when completing their registration.



CLMS SPRING SPORTS OFFERINGS

VOLLEYBALL



Registration for CLMS volleyball opens on 1/30. Tryouts will be held on 2/29 and 3/1 as follows: All 6th graders and 7th graders with last name N-Z tryout 2:45pm-4pm. 7th graders with last name A-M and all 8th graders tryout 4:15-5:30pm.

Students who need to stay after school until wave 2 will be allowed

to stay in the Cafe with supervision. On Friday evening, Coach Bono will email final results of who has/has not made the team. **Please keep in mind there is only space for 24 players.**

Registration is open to all 6th, 7th and 8th grade students. Please be aware that although boys may tryout/participate on the volleyball team, most contests are played vs schools with all girl teams and in those instances, boys may or may not be able to participate in those games.

Dates for practices and games can be found here (subject to change): [CLMS Volleyball Team Schedule](#)

The CLMS volleyball coach is Ms. Jaclyn Bono. Contact Coach Bono at jbono@waterfordschools.org with any questions.

TRACK & FIELD

Spring track & field registration will be opening in mid-March. There will be a mandatory meeting on April 3rd after school. An email will be sent to all families announcing when registration opens.

Track is open to all CLMS 6th, 7th and 8th grade students. The first practice is scheduled to begin on April 15th and the regular season runs through 5/31 with a championship meet in June for top athletes. **Based on previous registration numbers, there may be a cap placed on the total number of students allowed on the CLMS track team. This cap ensures that resources are appropriately allocated and that each participant receives adequate supervision and instruction. Priority will be given to 8th graders.**

Please be aware that not all students may be able to attend away meets. Registration numbers and available resources will determine the feasibility of taking the entire team to away competitions. Priority might be given to students who have demonstrated commitment, skill or seniority within the program. These measures are implemented to ensure a fair and effective sports program while considering practical limitations.

Practices are on Monday, Tuesday, Wednesday and Friday after school until 3:45pm. Some days may change due to faculty meetings or track meets. Athletes can take the late bus home Monday-Wednesday or be picked up. On Friday's, parent pick up is required. Athletes should be picked up by the athletic fields if not taking the late bus. Currently there are 5 track meets scheduled for the season. Please see the information on the CLMS website for information: [Track & Field Info](#).

The CLMS track & field coaches are Dan Landeck and Chris Gamble. Coach Landeck can be reached at dlandeck@waterfordschools.org with any questions.



WE ARE THE CHAMPIONS!!!

Congratulations to the CLMS girls soccer team and cross country team for winning their ECC middle school championship games!



BRING A WATER BOTTLE!



All CLMS student-athletes should bring a water bottle with them every day for practices and games.

ARBITERSPORTS (FAMILYID) REGISTRATION INFORMATION

Clark Lane Middle School sports registration is done conveniently online through ArbiterSports (formerly FamilyID). ArbiterSports is a secure registration platform that provides you with an easy, user-friendly way to register for our programs, and helps us to be more administratively efficient and environmentally responsible. When you register through ArbiterSports, the system keeps track of your information in your ArbiterSports profile. You enter your information **ONLY ONCE** for each family member, for multiple uses and multiple programs.

INFORMATION NEEDED TO REGISTER:

It will be helpful to have the following information handy to allow for accurate completion of your online registration:

- Date of last physical exam
- Physical information
- Health insurance information
- Emergency contact information



Please note: Before your student-athlete's registration is approved, there must be a current physical examination form signed by a physician on file with the school nurse. Physicals are valid for 13 months from the date of the physical. If the student's physical expires during the season, he/she will not be allowed to practice or play until a new physical exam form is submitted to the nurse's office. Without an approved registration and current physical examination form on file, the student-athlete will not be eligible to participate.

REGISTRATION PROCESS: (We've included some helpful links on the following page to help with registration/account set-up/FAQ's/etc.)

A parent/guardian can register by clicking this link: [ARBITERSPORTS REGISTRATION](#)

Follow these steps:

- To find your program, click on the above link and select the registration form under the word **Programs**.
- Next, scroll to the bottom of the page. If this is your first time using ArbiterSports, click **Create Account**. Click **Log In** if you already have an ArbiterSports account.
- Create your secure ArbiterSports account by entering the account owner's First and Last name (parent/guardian), e-mail address and password. Select **I Agree** to the ArbiterSports Terms of Service & click **Create Account**.
- You will receive an email with a link to activate your new account. (If you don't see the email, check your email filters (spam, junk, etc.).)
- Click on the link in your activation e-mail, which will log you into ArbiterSports.
- Once in the registration form, complete the information requested. All fields with a **red *** are required to have an answer.
- Click the **Continue** button when your form is complete.
- Review your registration summary.
- Click the blue **Submit** button. After selecting **Submit**, the registration will be complete. You will receive a completion e-mail from ArbiterSports confirming your registration.

If you need assistance with your registration, email support@arbittersports.com or call 800-311-4060

IMPORTANT INFORMATION

INFORMATION WHEN REGISTERING IN ARBITERSPORTS

Throughout the season, notifications may be sent out through ArbiterSports. These notifications may include expired/expiring physical notifications, game change information, practice cancellation, etc. The email sent through ArbiterSports will go to the **account owner email address ONLY**. *If you would like to add additional email addresses so that another parent/guardian receives the notification(s), please do the following:*

Choose **Profile** under your user name at the top of the ArbiterSports page. Click on **Personal Information**. Next to **Additional Notification Email(s)**, you can add up to 5 additional emails for anyone who you would like to also receive email notification(s) sent out through ArbiterSports. Click **Save**.

If you need to update a registration after you have registered (upload an updated physical, change an emergency contact, etc), you **DO NOT** need to re-register your student. Click on **Registrations** at the top of the webpage. Look at **Completed Registrations** and choose the registration you wish to update. Click on **Add or Update Info**. You can now edit/update your registration. Make sure you click **Save** at the bottom after you have updated your registration.

If your student-athlete chooses to change from their current sport to a different one (depending on availability), you can also follow the same procedure above to switch sports. You **DO NOT** need to re-register.

If you have outdated physicals attached in ArbiterSports, please delete them when you upload a new physical. This helps make the updating process quicker & easier for athletics staff and the nurse.

Please click the following links for help with registration, FAQ's, and additional support.

[Registering For The First Time](#)

[Registering With an Existing Account](#)

[Program Registration FAQ's](#)

[ArbiterSports Support Page](#)

TRANSPORTATION TO/FROM ATHLETIC EVENTS & TRAVEL RELEASE POLICY

Riding the bus to and from an away game is an opportunity for building team chemistry and bonding. It is the policy of CLMS that all players ride the bus both to and from all away games. However, if the need to request alternative transportation other than the school provided transportation arises, then the [CLMS Travel Release Form](#) is required to be used.

If parents/guardians choose to transport their child to and/or from away contests they must complete the [Travel Release Form](#) and **turn it in to their coach prior to the contest**.



SCHEDULES FOR GAMES

Game schedules and locations/directions can easily be found on the [ArbiterLive.com](#) website. Search for Clark Lane.

Practice schedules will be communicated to students through their coach.



CLMS SCHOOL BASED HEALTH CENTER

CLMS has a School-Based Health Center (SBHC) located on site. The SBHC provides comprehensive physical and behavioral health and well care to students. An APRN (Advanced Practice Registered Nurse) and Behavioral Health Clinicians who are experts in adolescent health and employed by UCFS Healthcare offer services. SBHC services and care will supplement and coordinate with services and care provided by private pediatricians. Services are billed to insurance carriers, and assistance is available for those who are not insured.

SBHC's services include yearly well-child examinations, vaccinations, sports physicals, and acute and chronic care visits. The CLMS SBHC is a convenient way for student-athletes to obtain a physical when they are unable to obtain a physical in a timely manner with their pediatrician. **You must be enrolled in order to use the SBHC services.**

[Link to SBHC Information](#)

[Link to Electronic SBHC Enrollment Form](#)

[Link to .pdf Enrollment Form](#)

WHAT OTHER SPORTS DOES CLMS OFFER?

Fall Sports Registration opens right at the start of the school year and first practices begin mid September. Cross Country is open to all 6th, 7th and 8th grade students and boys & girls soccer is open to all 7th and 8th graders.

Clark Lane MS winter sport offerings are boys and girls basketball, coed swimming and coed wrestling. Both swimming and wrestling are offered to current 6th, 7th and 8th grade students. Boys and girls basketball is open to 7th and 8th grade students.

Basketball does holds tryouts and cuts may be made. Registration opens mid October and tryouts are generally held mid November. Swimming and wrestling first practices generally begin right before/after Thanksgiving break.

An email will be sent home to all CLMS families announcing when registration opens each season.

WATERFORD **ATHLETICS**

**CHRIS LANDRY, DIRECTOR OF
ATHLETICS & STUDENT ACTIVITIES
WATERFORD HS / CLARK LANE MS**

20 ROPE FERRY RD.
WATERFORD, CT 06385

PHONE: 860-443-2837
FAX: 860-437-6968

CONTACT:
WENDY MORRIS, ATHLETICS ADMIN. ASST.
E-MAIL: WMORRIS@WATERFORDSCHOOLS.ORG

[CLMS ATHLETICS WEBPAGE](#)

GO LANCERS!

QUICK LINKS

- [Clark Lane Athletics Webpage](#)
- [Team Game Schedules, Location/Directions](#)
- [ArbiterSports Registration Link](#)
- [CLMS Travel Release Form](#)

CLMS Nurses:

- Maria Kostopoulos:
mkostopoulos@waterfordschools.org
- Erica McCaffrey:
emccaffrey@waterfordschools.org